

RESEARCH ARTICLE

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# Empagliflozin attenuates inflammation and myocardial injury in a murine model of sepsis

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## Abstract

**Objective:** This study aimed to evaluate the cardioprotective and anti-inflammatory effects of Empagliflozin in a murine model of polymicrobial sepsis induced by caecal ligation and puncture (CLP).

**Methods:** Thirty-five male Swiss albino mice were randomly assigned into five groups (n = 7): control, sham, sepsis, vehicle (DMSO), and Empagliflozin (10 mg/kg/day for 3 days, intraperitoneally). Sepsis was induced via CLP. Blood and cardiac tissues were collected 24 hours post-CLP for analysis. Serum cardiac troponin I (cTn-I) and tissue levels of NF-κB, TNF-α, and FoxO3 were measured using ELISA. Histopathological evaluation of cardiac tissues was conducted and scored using a standardised injury scale.

**Results:** The sepsis and vehicle groups showed significantly elevated levels of cTn-I ( $4.13 \pm 0.32$  ng/mL and  $4.08 \pm 0.29$  ng/mL), NF-κB, TNF-α, and FoxO3 compared to the control and sham groups (all  $p < 0.01$ ). Empagliflozin treatment significantly reduced these markers (cTn-I:  $2.15 \pm 0.22$  ng/mL;  $p = 0.012$  vs. sepsis). Histologically, Empagliflozin-treated hearts showed reduced myocardial damage (score:  $1.14 \pm 0.18$ ) compared to the sepsis ( $3.14 \pm 0.26$ ) and vehicle ( $3.00 \pm 0.24$ ) groups.

**Conclusion:** Empagliflozin attenuated cardiac inflammation and injury in a mouse model of sepsis. These preclinical findings support further mechanistic research and warrant clinical investigation of Empagliflozin as a potential adjunctive therapy in septic cardiomyopathy.

**Keywords:** Empagliflozin, Sepsis-induced cardiomyopathy, Cecal ligation and puncture (CLP), Inflammation, FoxO3

## Plain English Summary

Sepsis is a life-threatening condition caused by an overwhelming response to infection, often leading to damage in vital organs like the heart. This study tested whether Empagliflozin, a drug commonly used to treat type 2 diabetes, could help protect the heart during sepsis in mice. The researchers gave Empagliflozin to mice before inducing sepsis and found that it lowered key markers of heart damage and inflammation. Mice treated with Empagliflozin also had healthier heart tissue under the microscope compared to untreated mice. These results suggest that Empagliflozin might be useful in reducing heart injury in sepsis and could be studied further in human patients in the future.

## Introduction

Sepsis is a major complication in critically ill patients with infections, trauma, burns, or shock. It arises from an imbalanced host response to infection and can lead to multi-organ failure and death (1). Globally, sepsis accounts for up to 19.7% of all fatalities, highlighting its significant burden on public health (2). Experimental models

such as lipopolysaccharide (LPS) administration (3), intravenous pathogen injection (4), caecal ligation and puncture (CLP) (5), and colon ascendens stent peritonitis (6) have been developed to investigate sepsis pathophysiology and test potential therapeutic agents.

Sepsis can profoundly impair cardiac function, a condition termed septic cardiomyopathy. This is

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driven by a cascade of events including the release of inflammatory cytokines (e.g., TNF- $\alpha$ ), mitochondrial dysfunction, complement activation, oxidative stress, and apoptosis (7, 8). Among the numerous mediators involved in the septic response, cytokines, damage- and pathogen-associated molecular patterns (DAMPs and PAMPs), nitric oxide, and transcriptional factors such as NF- $\kappa$ B play central roles in driving inflammation and tissue damage (7). These mechanisms culminate in myocardial injury, often reflected by elevated levels of cardiac troponin I (cTn-I), a highly specific biomarker of cardiomyocyte damage (9).

Empagliflozin, a selective sodium-glucose cotransporter 2 (SGLT2) inhibitor, is approved for managing type 2 diabetes mellitus (10) and has demonstrated renal and cardiovascular protective effects beyond glycaemic control (11, 12). Clinical trials have shown that Empagliflozin reduces adverse cardiovascular outcomes, hospitalisations for heart failure, and cardiovascular mortality in patients with or without diabetes (13). Its cardioprotective effects are mediated through multiple mechanisms: improved myocardial energy efficiency via ketone utilisation (14, 15), reduced reactive oxygen species (ROS) production (16), decreased cardiac fibrosis (16, 17), and modulation of the sodium-hydrogen exchanger in the heart and kidney (18). Additionally, Empagliflozin has anti-inflammatory and anti-apoptotic effects, attributed in part to inhibition of NF- $\kappa$ B activation and suppression of cytokine production such as TNF- $\alpha$  (19, 20, 21, 22, 23, 24). It also influences transcriptional factors like FoxO3, which regulate immune function, oxidative stress response, autophagy, and programmed cell death (25).

Despite these known effects, the role of Empagliflozin in modulating sepsis-induced cardiac inflammation and injury remains underexplored. Most existing data focus on chronic cardiometabolic disease models or acute injury unrelated to sepsis (12, 16, 17). Moreover, while a few studies have shown reduced systemic inflammation with Empagliflozin in septic or LPS-induced models (19, 26, 27), the specific impact on cardiac biomarkers such as cTn-I, NF- $\kappa$ B, TNF- $\alpha$ , and FoxO3 in polymicrobial sepsis has not been systematically examined.

This study aims to evaluate the cardioprotective and anti-inflammatory effects of Empagliflozin in a mouse model of CLP-induced sepsis. By assessing myocardial injury and inflammation through biochemical and histological parameters, this study seeks to expand current understanding of Empagliflozin's therapeutic potential in acute septic states.

## Materials and Methods

### *Animal Preparation*

Thirty-five healthy male Swiss albino mice (30–35 g, 8–12 weeks old) were obtained from the Centre for Cancer Research in Iraq. Mice were housed in polypropylene cages under standard laboratory conditions (12-hour light/dark cycle, temperature 22–24 °C, humidity 60–65%) in the animal facility of the Faculty of Pharmacy, University of Kufa. Animals had unrestricted access to standard rodent chow and water throughout the study period, which spanned from October 19 to December 30, 2023.

### *Study Design*

After a one-week acclimatisation, mice were randomly assigned to five groups (n = 7 per group). 1) Control group: Received no treatment or surgical procedure; served as baseline. 2) Sham group: Subjected to anaesthesia and laparotomy without CLP to control for surgical stress. 3) Sepsis group: Subjected to CLP without any pre-treatment to induce polymicrobial sepsis. 4) Vehicle group: Received dimethyl sulfoxide (DMSO, 1%, intraperitoneally) once daily for three days; final dose was administered 1 hour before CLP. 5) Empagliflozin group: Received Empagliflozin (10 mg/kg/day, intraperitoneally) for three consecutive days; final dose was given 1 hour before CLP (28). Dimethyl sulfoxide (DMSO) was used as the vehicle control because Empagliflozin is poorly soluble in aqueous solutions and was prepared in a minimal concentration of DMSO for intraperitoneal administration. The vehicle group thus controls for any potential effects of the solvent alone. The 10 mg/kg dosage of Empagliflozin was selected based on prior studies demonstrating its anti-inflammatory and cardioprotective effects in murine models (17, 26, 29).

The sample size (n = 7 per group) was determined through a priori power calculation using GPower software (version 3.1). Assuming an effect size of 1.5 for cytokine level changes (based on pilot data), an alpha level of 0.05, and a power of 0.80, a minimum of six animals per group was required. We included seven mice per group to account for potential experimental variability and dropout.

### *Cecal Ligation and Puncture (CLP) Procedure*

Polymicrobial sepsis was induced via CLP as previously described (5, 30). Mice were anaesthetised with intraperitoneal ketamine hydrochloride (100 mg/kg) and xylazine hydrochloride (10 mg/kg) (30). After abdominal hair was shaved and disinfected with povidone-iodine, a 1–2 cm midline laparotomy was performed. The cecum was ligated just below the ileocecal valve using a 4-0 silk suture (Ethicon,

USA), avoiding intestinal obstruction. It was then punctured twice using a 22-gauge needle (BD PrecisionGlide®, USA), and a small amount of faecal content was extruded to ensure patency. The cecum was returned to the peritoneal cavity, and the incision was closed in two layers using 4-0 absorbable sutures. Postoperative resuscitation was achieved with 1 mL of 0.9% sterile saline injected subcutaneously.

**Sample Collection and Preparation**

**Blood Samples**

At 24 hours post-CLP, animals were anaesthetised and euthanised. Whole blood was collected via cardiac puncture and transferred to gel-containing serum tubes (without anticoagulant). Tubes were incubated at 37 °C for 30 minutes, then centrifuged at 4000 rpm for 20 minutes. The resulting serum was aliquoted and stored at -20 °C until analysis.

Cardiac troponin I (cTn-I) was quantified using ELISA kits (Mouse cTnI ELISA Kit, Cat. No. E-EL-M0043, Elabscience, China), following the manufacturer’s instructions.

**Heart Tissue Samples**

Hearts were excised, washed in ice-cold PBS, and weighed. Each heart was bisected transversely:

The upper half was fixed in 10% buffered formalin for histology.

The lower half was washed, homogenised (1:10 w/v) in PBS with 1% Triton X-100 and protease inhibitor cocktail using a high-intensity ultrasonic processor (QSonica, USA), then centrifuged at 12,000 rpm for 15 minutes at 4 °C.

Supernatants were used to measure ELISA kits, as seen in Table 1.

**Table 1: Supernatants for ELISA Kits**

Marker	Kit Name	Catalogue No.	Manufacturer
NF-κB	Mouse NF-κB ELISA Kit	E-EL-M0664	Elabscience
TNF-α	Mouse TNF-α ELISA Kit	E-EL-M0049	Elabscience
FoxO3	Mouse FoxO3 ELISA Kit	MBS2515122	MyBioSource

**Histological Evaluation**

Formalin-fixed heart tissues were embedded in paraffin, sectioned at 5 μm using a rotary microtome, and stained with haematoxylin-eosin (H&E) and Masson’s trichrome. Sections were examined under a light microscope (Olympus CX43, Japan) at ×400 magnification.

Myocardial injury was evaluated using a semi-quantitative scoring system adapted from Zingarelli et al. (31). A score of 0 indicated normal myocardial architecture with no observable damage. A score of 1 was assigned when focal necrosis and interstitial oedema were present. A score of 2 reflected hypertrophy of cardiomyocytes. A score of 3 denoted leukocyte infiltration accompanied by constriction bands, while a score of 4 represented the most severe injury, characterised by haemorrhage, extensive neutrophil infiltration, and band necrosis. Scoring was performed by two independent, blinded observers, with discrepancies resolved by consensus. Histopathological scoring was performed independently by two blinded pathologists, and any discrepancies were resolved by consensus.

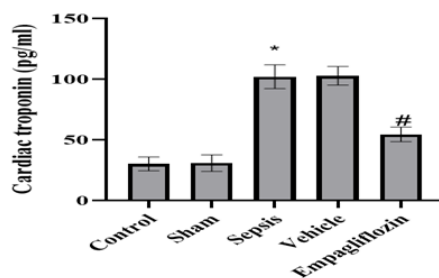
**Statistical Analysis**

Data were expressed as mean ± standard error of the mean (SEM). Intergroup differences were assessed using one-way analysis of variance (ANOVA) followed by Bonferroni post hoc tests for multiple comparisons. Histopathological scores, which are ordinal, were analysed using the Kruskal-Wallis test followed by Dunn’s multiple comparison test. Statistical significance was set at p < 0.05. All analyses were performed using GraphPad Prism version 8.1 (GraphPad Software Inc., USA).

**Results**

**Effect of Empagliflozin on Serum cTn-I Levels**

As shown in Figure 1, serum levels of cardiac troponin I (cTn-I) were significantly elevated in the sepsis group (4.13 ± 0.32 ng/mL) compared to the control (1.27 ± 0.19 ng/mL; p = 0.003) and sham groups (1.42 ± 0.24 ng/mL; p = 0.006). The vehicle group (4.08 ± 0.29 ng/mL) exhibited similarly elevated cTn-I levels relative to the control (p = 0.004) and sham (p = 0.005) groups. In contrast, the Empagliflozin-treated group demonstrated a significantly reduced cTn-I level (2.15 ± 0.22 ng/mL) compared to both the sepsis (p = 0.012) and vehicle (p = 0.015) groups, indicating attenuation of myocardial injury.



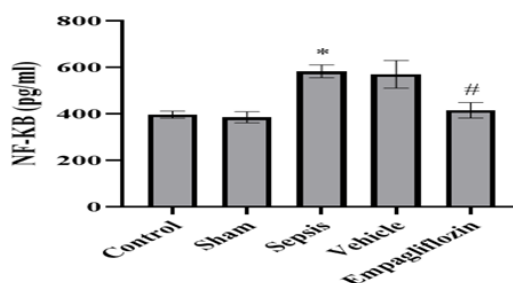
**Figure 1: Serum levels of cTn-I across experimental groups (n = 7)**

Data are presented as mean ± SEM. Statistical significance was determined by one-way ANOVA with a Bonferroni post hoc test

**Effect of Empagliflozin on Cardiac NF-κB Expression**

Tissue levels of NF-κB were significantly elevated in the sepsis (3.92 ± 0.26 ng/mg protein) and vehicle group (3.85 ± 0.24 ng/mg) compared to the control (1.18 ± 0.15 ng/mg; p =

0.002 and p = 0.004, respectively) and sham groups (1.26 ± 0.14 ng/mg; p = 0.003 and p = 0.005). Empagliflozin treatment significantly reduced NF-κB levels (2.23 ± 0.18 ng/mg) versus both the sepsis (p = 0.014) and vehicle (p = 0.019) groups (Figure 2).



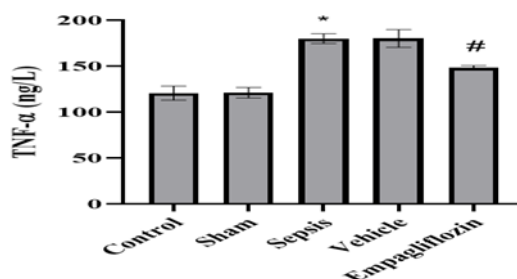
**Figure 2: Cardiac NF-κB levels (ng/mg protein) measured by ELISA**

Values are expressed as mean ± SEM. One-way ANOVA with Bonferroni correction

**Effect of Empagliflozin on Cardiac TNF-α Levels**

TNF-α concentrations followed a similar pattern (Figure 3). The sepsis (5.71 ± 0.36 ng/mg) and vehicle (5.64 ± 0.33 ng/mg) groups had significantly higher levels compared to the control

(1.39 ± 0.12 ng/mg; both p = 0.001) and sham (1.48 ± 0.13 ng/mg; both p = 0.002) groups. Empagliflozin reduced TNF-α levels to 2.84 ± 0.25 ng/mg, significantly lower than those in the sepsis (p = 0.009) and vehicle (p = 0.011) groups.



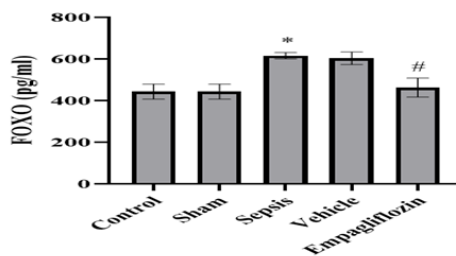
**Figure 3: Tissue TNF-α levels (ng/mg protein) across groups**

Bars represent mean ± SEM. One-way ANOVA and Bonferroni post hoc test applied

**Effect of Empagliflozin on Cardiac FoxO3 Expression**

As shown in Figure 4, FoxO3 levels were significantly increased in the sepsis (4.08 ± 0.28 ng/mg) and vehicle (3.99 ± 0.25 ng/mg) groups compared to the control (1.22 ± 0.15 ng/mg; both

p = 0.002) and sham (1.35 ± 0.17 ng/mg; p = 0.003 and p = 0.005). The Empagliflozin group showed significantly lower FoxO3 expression (2.09 ± 0.20 ng/mg) compared to sepsis (p = 0.013) and vehicle (p = 0.016) groups.

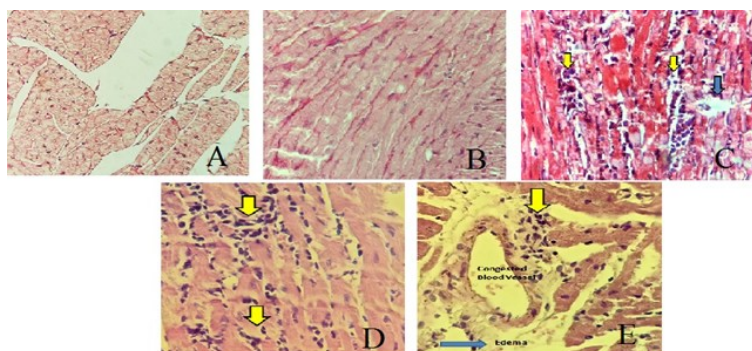


**Figure 4: Tissue FoxO3 levels (ng/mg protein) determined by ELISA. Data are mean ± SEM (n = 7)**

*Histopathological Evaluation of Myocardial Tissue*

Histological examination revealed that the control and sham groups showed normal myocardial architecture (score 0) (Figure 5A–B). Myocardial tissue from the sepsis (Figure 5C) and vehicle (Figure 5D) groups displayed severe cardiac

injury, including leukocyte infiltration, constriction bands, and interstitial oedema (mean score:  $3.14 \pm 0.26$  and  $3.00 \pm 0.24$ , respectively). The Empagliflozin-treated group (Figure 5E) showed markedly reduced myocardial damage, with only mild oedema, vascular congestion, and minimal inflammatory cell infiltration (score:  $1.14 \pm 0.18$ ).



**Figure 5: Representative histological sections of cardiac tissue (H&E and trichrome stain, ×400)**

(A) Control; (B) Sham; (C) Sepsis; (D) Vehicle; (E) Empagliflozin. Yellow arrows indicate leukocyte infiltration; blue arrows show oedema/congestion

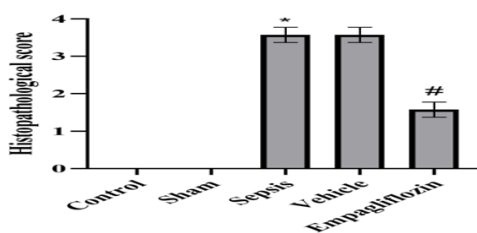
These observations were supported by quantitative scoring (Table 2) and statistical comparison (Figure 6). Histopathological scores

were significantly lower in the Empagliflozin group compared to the sepsis ( $p = 0.008$ ) and vehicle ( $p = 0.010$ ) groups.

**Table 2: Summary of Myocardial Histological Injury Scores (n = 7)**

Group	Histological Score (Mean ± SEM)
Control	0.00 ± 0.00
Sham	0.00 ± 0.00
Sepsis	3.14 ± 0.26
Vehicle	3.00 ± 0.24
Empagliflozin	1.14 ± 0.18

Semi-quantitative histological scoring of cardiac injury using the Zingarelli scale. Lower scores indicate less myocardial damage



**Figure 6: Mean myocardial injury scores across groups**  
Error bars represent SEM. Kruskal-Wallis test followed by Dunn's post hoc test

## Discussion

This study provides evidence that Empagliflozin, a sodium-glucose cotransporter 2 (SGLT2) inhibitor, mitigates cardiac injury and inflammation in a murine model of polymicrobial sepsis induced by caecal ligation and puncture (CLP). Treatment with Empagliflozin significantly reduced serum cTn-I and tissue levels of NF- $\kappa$ B, TNF- $\alpha$ , and FoxO3, and improved histopathological features of myocardial injury. These findings align with previous preclinical studies reporting the anti-inflammatory and cardioprotective effects of Empagliflozin in models of cardiac stress, including doxorubicin-induced cardiotoxicity and cisplatin-related cardiac injury (17, 29).

A key mediator of the inflammatory response in sepsis is NF- $\kappa$ B, a transcription factor that regulates genes involved in cytokine release, apoptosis, and immune activation (22, 32). Elevated cardiac NF- $\kappa$ B levels in the untreated sepsis and vehicle groups in our study confirm its central role in myocardial inflammation. Notably, Empagliflozin significantly attenuated NF- $\kappa$ B expression, corroborating findings from Lee *et al.*, who demonstrated that Empagliflozin suppresses NF- $\kappa$ B phosphorylation in LPS-activated macrophages via inhibition of IKK activity (24). Similar reductions in NF- $\kappa$ B signalling have also been observed in septic renal tissues following Empagliflozin administration (26). These anti-inflammatory effects may underlie the observed reduction in TNF- $\alpha$ , a major pro-inflammatory cytokine implicated in septic cardiomyopathy and vascular dysfunction (23, 33, 34).

In addition to its immunomodulatory action, Empagliflozin has been shown to preserve mitochondrial integrity and reduce oxidative stress in cardiac tissue (16, 18, 35). This is especially relevant in sepsis, where mitochondrial dysfunction contributes to impaired myocardial energetics and contractile failure (7, 8). Though our study did not directly assess mitochondrial function, the significant reduction in cTn-I, a marker of cardiomyocyte injury, and improved histological architecture suggest that Empagliflozin may protect cardiac mitochondria indirectly by blunting upstream inflammatory cascades.

The observed downregulation of FoxO3 in the Empagliflozin-treated group is particularly intriguing. FoxO3 is a transcription factor involved in oxidative stress response, apoptosis, and immune regulation (25), and its expression is reportedly upregulated in septic conditions (36, 37). Our findings provide some of the first *in vivo* evidence that Empagliflozin may suppress FoxO3 expression during sepsis. Given the limited literature on this interaction, the

modulation of FoxO3 may represent a novel pathway through which Empagliflozin exerts anti-apoptotic effects. This warrants further investigation using mechanistic studies, including gene knockdown models and proteomic profiling. Empagliflozin's impact on cardiac injury in sepsis has growing translational relevance. While it is widely recognised for reducing cardiovascular mortality in patients with diabetes and heart failure (12, 13, 21), its application in acute inflammatory syndromes like sepsis remains underexplored. A limited number of studies have reported beneficial effects of SGLT2 inhibitors in septic contexts (19, 26, 27); however, conflicting evidence exists. For instance, some rodent studies in early LPS-induced endotoxemia have not shown significant improvements in survival or organ injury following Empagliflozin administration, possibly due to differences in timing, dosage, or models used (38, 39). These discrepancies underscore the importance of context-specific validation.

Despite promising results, this study has limitations. First, the observation window was limited to 24 hours post-CLP, and long-term cardiac outcomes were not evaluated. Second, while biomarker and histological changes were assessed, molecular mechanisms, such as mitochondrial bioenergetics, oxidative stress markers, or pathway-specific gene expression, were not explored. Third, only a single dose of Empagliflozin (10 mg/kg) was tested, precluding a dose-response analysis. Lastly, although animal models offer valuable insights, their translation to human sepsis, especially regarding pharmacodynamics and immune responses, requires cautious interpretation.

In summary, our findings demonstrate that Empagliflozin exerts protective effects on the septic heart by reducing inflammation and cardiomyocyte injury, likely via NF- $\kappa$ B, TNF- $\alpha$ , and possibly FoxO3 modulation. This adds to a growing body of literature supporting the pleiotropic benefits of SGLT2 inhibitors. Future studies should explore dose-dependent effects, elucidate downstream molecular pathways, and evaluate Empagliflozin in combination with conventional sepsis therapies. Its potential as an adjunctive therapy in human septic cardiomyopathy merits further investigation.

### Study limitations

This study has several limitations. Only a single dose of Empagliflozin (10 mg/kg) was evaluated, precluding assessment of dose-dependent effects. Additionally, all animals were male; therefore, potential sex-based differences in drug response and inflammation were not examined. These factors may limit the generalizability of our

findings and should be addressed in future studies.

### Conclusion

Empagliflozin reduced inflammatory markers (NF- $\kappa$ B, TNF- $\alpha$ , and FoxO3) and cardiac injury (cTn-I levels and histopathological scores) in a murine CLP model of sepsis. These findings suggest that Empagliflozin may confer cardioprotective and anti-inflammatory effects in the setting of sepsis. While the results are promising, they are based on a preclinical model, and further studies are needed to elucidate the underlying mechanisms, explore dose-response relationships, and determine clinical relevance in human sepsis.

### List of Abbreviations

ANOVA: Analysis of Variance  
cTn-I: Cardiac Troponin I  
CLP: Caecal Ligation and Puncture  
DAMP: Damage-Associated Molecular Pattern  
DMSO: Dimethyl Sulfoxide  
ELISA: Enzyme-Linked Immunosorbent Assay  
FoxO3: Forkhead Box O3  
H&E: Haematoxylin and Eosin  
HFrEF: Heart Failure with Reduced Ejection Fraction  
IKK: I $\kappa$ B Kinase  
IL-6: Interleukin 6  
LPS: Lipopolysaccharide  
NF- $\kappa$ B: Nuclear Factor Kappa B  
PAMP: Pathogen-Associated Molecular Pattern  
PBS: Phosphate-Buffered Saline  
ROS: Reactive Oxygen Species  
SGLT2: Sodium-Glucose Cotransporter 2  
SEM: Standard Error of the Mean  
TNF- $\alpha$ : Tumour Necrosis Factor Alpha

### Declarations

#### *Ethics approval and consent to participate*

All experimental procedures were approved by the Animal Care and Use Committee of the University of Kufa (Approval No. PHARM/ACUC/2023/019) and conducted in accordance with international guidelines for the care and use of laboratory animals. Efforts were made to minimise animal suffering and to reduce the number of animals used.

#### *Consent for Publication*

All the authors gave consent for the publication of the work under the Creative Commons Attribution Non-Commercial 4.0 license.

#### *Availability of Data*

Data for this work is available from the authors and may be provided upon reasonable request.

#### *Conflicts of Interest*

None.

#### *Funding*

None.

#### *Authors' contributions*

ASM conceptualised and designed the study, supervised all stages of the research, and critically revised the manuscript for intellectual content.

MBM conducted the animal experiments, performed biochemical and histological analyses, analysed the data, and drafted the initial version of the manuscript.

Both authors contributed to data interpretation, reviewed the final manuscript, and approved it for submission.

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